

**Social & Emotional Well-Being Platform & Program Development Overview**

<p><b>Mission</b></p>	<p>Promote the development of social and emotional well-being for Tulsa youth and adults.</p>
<p><b>Definition of Social &amp; Emotional Well-Being</b></p>	<p>Social and emotional wellbeing encompasses physical, mental, relational, and emotional health. It requires to be actively engaged in attitudes and behaviors that enhance quality of life and maximize personal potential. Social and emotional skills are tools and strategies to bring our most powerful selves to school, work and life. Individuals who have developed these skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about themselves and the world around them.</p>

**Strategic Direction**

- We will focus on promoting the development of social and emotional skills by:
  - Learning how The Opp can best support social and emotional wellbeing through an integration model (in school and out of school)
  - Engaging diverse providers and stakeholders who support SEW and positive youth development

**Best Practices**

- Increase intentionality and demonstrate the value of social and emotional skills by:
  - Develop citywide common language with organizations, individuals and SEW-related initiatives
  - Using SEL key signature practices (warm welcome, engaging activity, optimistic closure)
  - Connect & expand SEW resources & tools (research, measurement, professional learning)
  - Offer trainings and workshops promoting SEW

**18-Month Timeline**

2018 (Q3/Q4)	2019 (Q1/Q2)	2019 (Q3/Q4)
<ul style="list-style-type: none"> <li>● Identify Tulsa organizations’ key SEL elements and core competencies to create common protocols and promote practices with new partners</li> <li>● Initiate citywide conversation to align SEL language and practices on the pre-K to high school continuum</li> <li>● Expand training on basic SEL practices to 21C and other citywide partners</li> </ul>	<ul style="list-style-type: none"> <li>● Develop a unified SEL message to promote SEL with partners and families citywide</li> <li>● Create navigation guides for providers, youth and families including tools such as RULER and practices</li> <li>● Finalize SEL transition protocols and for elementary-to-middle school partners</li> <li>● Expand SEL training to additional partners</li> </ul>	<ul style="list-style-type: none"> <li>● Build aligned protocols and professional development for adult SEL for those working with youth</li> <li>● Release draft of SEL transition protocols across the pre-K to high school continuum</li> <li>● Expand SEL training based on Wallace Phase I learning to other partners</li> </ul>