

12:30-1:00

Movement (links below)

Cosmic Kids Yoga

Tulsa Zoo Schedule

REMEMBER:

Go to our Super Summer website theopp.org/supersummer to access links to resources and activities!

Stay Active OK

Go Noodle



TIME	MONDAY Cold	TUESDAY Rainforest	WEDNESDAY Desert	THURSDAY Grasslands	FRIDAY Urban		
7:00-8:00 Good Morning!	Wake up and start your day. Get dressed, brush your teeth, wash your face						
8:00-8:30 Breakfast	Eat breakfast 🚛						
8:30-8:45 Virtual Tour	<u>Virtual Tour</u> <u>Cold Building</u>	<u>Biofact Session</u> <u>Rainforest Animals</u>	<u>Virtual Tour</u> <u>Desert Building</u>	<u>Virtual Tour</u> <u>Africa</u>	<u>Virtual Tour</u> <u>Lost Kingdom Building</u>		
8:45-9:00 Biofact Session	<u>Biofact Session</u> <u>Cold Climate Animals</u>	<u>Virtual Tour</u> <u>Rainforest Building</u>	<u>Biofact Session</u> <u>Desert</u> <u>Animals</u>	<u>Biofact Session</u> <u>Grassland</u> <u>Animals</u>	<u>Biofact Session</u> <u>Urban</u> <u>Animals</u>		
9:00-10:00 Zoom Group or Bonus Activity	Zoom Camp Groups 1-4 (schedule below) *Check out your Activity Book to choose a bonus activity when your group isn't Zooming*						
10:00-12:30 Bus Stop, Lunch, Rest	Walk to bus stop to get food and activities Eat your lunch + recharge for the afternoon!!						

<u>Go Noodle</u>

Kidz Bop Dance



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EOPPORTUNITY PROJECT

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
1:00-2:00 Zoom Group or Bonus Activity	Zoom Camp Groups 5-8 (schedule below) *Check out your Activity Book to choose a bonus activity when your group isn't Zooming*						
2:00-2:15 Game/Keeper Chat	<u>Game</u> <u>Penguin Waddle</u>	<u>Keeper Chat</u> <u>Sloth</u>	<u>Game</u> <u>Desert Scattergories</u>	<u>Keeper Chat</u> <u>Giraffe</u>	<u>Game</u> <u>Escape the Predator</u>		
2:15-2:30 Journal Reflection	Write and draw: The most exciting part of my day was	Write and draw: My favorite animal isbecause	Write and draw: Today I made myself proud when I	Write and draw: If I were a zookeeper, I would work in the exhibit	Write and draw: This week was fun because I		
2:30-3:00 Activity	<u>Activity</u> Blubber Glove Experiment	<u>Activity</u> Rainforest Biodiversity	<u>Activity</u> <u>Cactus Hotel</u>	<u>Activity</u> <u>Meercat Survival</u>	<u>Activity</u> <u>Sensory Scavenger</u> <u>Hunt</u>		
3:00-5:00 Free Play	PLAY TIME!						
5:00-7:00 Family Time	Family game night!	Help set the table for dinner	Tell jokes with your family and make them laugh!	Plan a picnic with your family	Movie night!		
EMOTIONS MATTER	How can you make someone feel better if they are sad?	What makes you feel brave?	What makes you feel worried?	What's a memory that makes you feel happy?	What are you looking forward to this weekend?		



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Daily Activity Links:

Please choose an activity from the websites below

Mindful Morning:

Monday: https://www.youtube.com/watch?v=awo8jUxIm0c Tuesday: https://www.youtube.com/watch?v=w6T02g5hnT4 Wednesday: https://www.youtube.com/watch?v=wf5K3pP2IUQ Thursday: https://family.gonoodle.com/activities/be-kind Friday: https://family.gonoodle.com/activities/go-with-the-flow

Movement:

Go Noodle: gonoodle.com

Cosmic Kids Yoga and Mindfulness: cosmickids.org

Kidz Bop Dance: https://www.youtube.com/user/KidzBopKids

Stay Active OK: https://stayactiveok.com/

Brain Break:

Monday: https://family.gonoodle.com/activities/zap-it

Tuesday: https://family.gonoodle.com/activities/get-energized

Wednesday: https://family.gonoodle.com/activities/manage-frustration

Thursday: https://family.gonoodle.com/activities/swirling **Friday:** https://family.gonoodle.com/activities/lets-go

Drop Everything and Read!:

Tulsa Library: https://tinyurl.com/y3q7d28a

Epic: getepic.com

ZOOM GROUP SCHEDULE:

9:00-9:25

Group 1: https://zoom.us/j/99741819455?pwd=ais5ZCtaOTJhVGlKdFdYbEVXbzRIUT09 **Group 2:** https://zoom.us/j/99503693671?pwd=SUVHUmZYcjdiOTRUbVZaLzRSYTJXQT09

9:30-9:55

Group 3: https://zoom.us/j/91335793044?pwd=MVBmOURvRGU1azRwYolnejVwa2tjUT09 **Group 4:** https://zoom.us/j/93184522604?pwd=MDc4d21LR1BGQkxuOXQva3VkWGRwdz09

1:00-1:25

Group 5: https://zoom.us/j/92663510746?pwd=KzM5QStPelFZbDRXdisyUURmOVFyZz09 Group 6: https://zoom.us/j/97904676644?pwd=Q2E2Sjh1aEVNekE2U3JzU3NKUEhPdz09

1:30-1:55

Group 7: https://zoom.us/j/98453594391?pwd=emlSTml1cnFNbDl2NXFpUk1NUzB3Zzog **Group 8:** https://zoom.us/j/96895630200?pwd=eEt5aDFiVjhga2EzNXhtckQzRjlRQTog

Thank you to our partners!

















Extra Zoo Activities

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Games and Activities

- STEM Challenge: Polar Bear Dens https://tulsazoo.org/wp-content/uploads/2020/06/Polar-Bear-Dens.pdf
- Career Exploration Zoo Keeper https://tulsazoo.org/wp-content/uploads/2020/06/Zookeeper.pdf
- Snow Leopard Experiment https://tulsazoo.org/wp-content/uploads/2020/06/Snow-Leopard-Experiment-1.pdf
- Hands and Foot Arctic Tern https://tulsazoo.org/wp-content/uploads/2020/06/Hands-and-Foot-Arctic-Tern.pdf
- Penguin Waddle https://tulsazoo.org/wp-content/uploads/2020/05/Penguin-Waddle.pdf
- Career Exploration Animal Behaviorist https://tulsazoo.org/wp-content/uploads/2020/06/Animal-Behaviorist.pdf
- Rainforest Biodiversity https://tulsazoo.org/wp-content/uploads/2020/06/Rainforest-Biodiversity-1.pdf
- Can you Hear Me? https://tulsazoo.org/wp-content/uploads/2020/06/Can-You-Hear-Me-1.pdf
- Stained Glass Toucan https://tulsazoo.org/wp-content/uploads/2020/06/Toucan-Stained-Glass.pdf
- STEM Challenge: Shady Day https://tulsazoo.org/wp-content/uploads/2020/06/Shady-Day.pdf
- Paper Plate Vulture https://tulsazoo.org/wp-content/uploads/2020/06/Paper-Plate-Vulture.pdf
- Paper Elephant https://tulsazoo.org/wp-content/uploads/2020/06/Paper-Elephant.pdf
- STEM Challenge: Design a Bridge https://tulsazoo.org/wp-content/uploads/2020/06/Design-a-Bridge.pdf
- Hungry Mosquito https://tulsazoo.org/wp-content/uploads/2020/06/Hungry-Mosquito.pdf

Virtual Tours Links

- Cold Building https://youtu.be/BSHJiQLjNY8
- Forest Building https://youtu.be/TBqYCjq0LKU
- Rainforest Building https://youtu.be/Y3dW3SMnhLw
- Chimpanzee Connection https://youtu.be/lJzq15W24uY
- Life in the Desert https://youtu.be/Ugc2wwAzil8
- Conservation Center https://youtu.be/iOvfoLMp554
- Africa https://youtu.be/8z-rzsmg|C0
- Sea Lions & Penguins https://youtu.be/RqGEKz53XJ4
- Lost Kingdom https://youtu.be/PkZK00Mk8HE
- Water Building https://youtu.be/IH-0KQHpZV0

Animal Presentations Links

- Chinchilla https://youtu.be/DJbCV2tQBHc
- Spectacled Owl https://youtu.be/d72heiVCHGc
- Chuckwalla https://youtu.be/t0r4a46ugnA
- Ball Python https://youtu.be/3KPEIGaT8ck
- Sheltopusik https://youtu.be/HiPy2p0QFrA